



SUBSTANCE USE PREVENTION PROGRAM

Substance Use Prevention Program (SUPP) is a school-based counseling program for students. The program aims to provide socio-emotional support to students and to address and identify substance use and abuse issues. This program focuses on substance use prevention and education and anger management techniques, and provides additional support to all participants.

SERVICES

- Individual, group and family counseling
- Consultation with parents/teachers/school staff
- Student and parent presentations (as requested)
- Information and referrals
- YATV (Youth Alternatives to Violence program) for self-referred, suspended, and/or expelled students
- Alcohol and Drug Awareness Prevention Team (ADAPT) a studentcentered approach to substance use prevention
- The Seven Challenges drug intervention program
- Drug contracts

CONTACTS

	Salinas High School	831.796.7400	Alisal High School	831.796.7600
	North Salinas	831.796.7500	Mount Toro	831.796.7700
	Everett Alvarez	831.796.7800	El Puente	831.796.6900
	Chalone Peaks MS	831.385.4400	Rancho San Juan	831.273.7700

PROGRAM COST

There is no cost to students and families.

ABOUT CHS

Since 1969, CHS has provided professional, affordable mental health and substance abuse counseling and recovery services to the residents of Monterey County. Our services focus on the entire family, with programs for people of all ages.



@chservicesmonterey

To find out about establishing SUPP at your schools:

CONTACT 831.394.4622

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